

## Faculty Resume

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Experience	<p><b>August 2025 – present</b>  <i>Departmental Coordinator</i>, Department of Psychology, Foundation University Virtual Campus (FUVC)</p> <p><b>September 2022 – June 2025</b>  <i>Coordinator</i>, Department of Psychology, Foundation University of Science and Technology (FUSST)</p> <p><b>Septer 2022 – present</b>  <i>Associate Editor</i>, Foundation University Journal of Psychology (FUJP), Foundation University School of Science and Technology (FUSST)</p> <p><b>December 2019 – present</b>  <i>Clinical Psychologist/Student Counsellor</i>, Psychology Clinic, Foundation University School of Science and Technology (FUSST)</p> <p><b>February, 2018 – present</b>  <i>Lecturer</i>, Foundation University School of Science and Technology (FUSST)</p> <p><b>November, 2016 – February, 2017</b>  <i>Content Writer</i>, Online</p> <p><b>June, 2016 – November, 2016</b>  <i>Clinical Psychologist</i>, Meditrina Healthcare</p>		
Honors and Awards	Gold Medal in M.Sc Psychology awarded by Quaid I Azam University for outstanding academic performance		
Graduate Students Postdocs Undergraduate Students Honor Students	Name	Degree	Year
	Ahmed Asad, Arooj binte Mushtaq, Hira Shamim, & Najam Abbas	BS	2019
	Amna Hussain, Alwina Umar, Kanza Majeed, Komal Hameed, Ramesha Ejaz, Rameen Masud, Syeda Mahnoor Hashmi, & Zarwa Manzoor	BS	2019
	Aisha Irfan & Saneeya Shah	BS	2019
	Mahnoor Durrani, Shifa Ahmad, Tehmina Kausar, Sania Mustafa & Samreen Safder	BS	2019
	Nimrah Munir & Minahil Nauman	BS	2019
	Anfaal Nasiruddin, Arwaa Aaliya Tahir	BS	2020
	Ruba Izhar, Rushmail Sapparsh, Faria Aftab	BS	2020
	Arooba Anwar, Ayesha Aasim, Ayesha Saeed, Fizza Salahuddin, Laraib Zamir, Maha Arooj	BS	2020
	Momina Noor, Laraib Zahid, Mahnoor Balal, Abeeha Zaidi, Warda Mughal, Rubab Siddique	BS	2020

	Tayyaba Waseem, Kainat Ameen, Wajiha Naseer, Marium Gillani	BS	2020
	Laaraib Arshad, Amna Ambreen, Asma Arshad	BS	2020
	Aisha Bibi, Aqeel Hamza, Hadia Rashid, Kanza Safeer, Mahnoor Hassnain. Ravish Fatima. Sana Khalid Seemab Shakeel. Tayyaba Manzoor	BS	2021
	Adan binte Mustafa	MS	2022
	Hasseb Ahemed	MS	2022
	Irum Hassan	MS	2023
	Hajra Ishaq	MS	2023
	Anum Urooj	MS	2023
	Ammara Safdar	MS	2023 - PRESENT
	Ayesha Cheema	MS	2023 - PRESENT
	Khadeeja Tul Kubra	MS	2023 - PRESENT
	Maryam Qazi	MS	2023 - PRESENT
	Sarah Khan	MS	2023 - PRESENT
Brief Statement of Research Interest	<p>Clinical and cross-cultural psychology, psychometrics and scale development</p> <p>MS dissertation on Urdu Version of Schedule for Affective Disorders and Schizophrenia for School Aged Children (6-18 Years) Kiddie-SADS - Lifetime Version (K-SADS-PL 2013 Working Draft): Translation and cross-cultural adaptation – an adaptation of the semi-structured interview in native Urdu language which can be used in clinical and research settings by practitioners.</p>		
Publications	<p>Ejaz, A., Fazal, J., &amp; Malik, T. A. (2023). Urdu Version of Kiddie Schedule for Affective Disorders and Schizophrenia for School-aged Children (KSADS-PL): Translation and Cross-cultural Adaptation. Human Nature Journal of Social Sciences, 4(2), 1-13. (<a href="https://hnpublisher.com/ojs/index.php/HNJSS/article/view/49">https://hnpublisher.com/ojs/index.php/HNJSS/article/view/49</a>)</p> <p>Mustafa, A., Ejaz, A., Ahmed, H. (2023). Effects of Emotional Intelligence on Psychological Distress: Mediating Role of Psychological Vulnerability among Pakistani University Students. In Journal of Academic Research for Humanities, 3(3), 189–195. (<a href="https://www.openaccessjournal.com/abstract/1406">https://www.openaccessjournal.com/abstract/1406</a>)</p>		

	<p>Awan, A., Ejaz, A., &amp; Ali, M. (2025). Perceived Stress and Anxiety Among Pakistani Journalists and Psychologists: A Comparative Study. <i>Journal of Asian Development Studies</i>, 14(2), 1791-1796. <a href="https://doi.org/10.62345/jads.2025.14.2.139">https://doi.org/10.62345/jads.2025.14.2.139</a></p> <p>Mustafa, A., Ejaz, M., Ejaz, A., &amp; Ali, R. (2025). Impact of Servant Leadership on Job Performance and Work Engagement of University Employees: The Mediating Role of Organizational Identification. <i>ACADEMIA International Journal for Social Sciences</i>, 4(3), 5885 – 5896. <a href="https://doi.org//10.63056/ACAD.004.03.0852">https://doi.org//10.63056/ACAD.004.03.0852</a></p>
<p>Research Grants and Contracts</p>	<p><b>As Co-PI</b></p> <p>Date: August 2021 to August 2022</p> <p>Title: Impact of Servant Leadership on Job Performance and work Engagement of University Employees: A Serial Mediation Approach  Agency/Organization: Foundation University Islamabad (Internal Funding)  Total Award Amount: 0.34 Million PKR</p> <p>Date: January 2024 to October 2024</p> <p>Title: Randomized Control Trial to Examine the Impact of Islamic based Cognitive Behavioral Therapy on Obsessive Compulsive Disorder (OCD)  Agency/Organization: Foundation University Islamabad (Internal Funding)  Total Award Amount: 0.63 Million PKR</p>